

Executive Coaching with Alison Reid

1-1 Coaching for new leaders

Coaching for leaders in their first leadership role, or stepping up to a more senior one, to help them overcome self-doubt, lead with confidence and maximise their influence and impact.

1-1 Coaching for leaders under pressure

Coaching for leaders facing new challenges or struggling to get out of the weeds. I help them overcome stress, increase their influence and impact, and lead with calm and confidence.

Coaching programmes

6 month programme includes :

- Strategy session with leader
- Alignment meeting with line manager
- 8 coaching sessions
- Final review with line manager
- Post-programme coaching call
- Support between sessions
- Assessment, preparation, reviews, and resources

Investment : £6,240

12 month programme includes :

- Strategy session with leader
- Alignment meeting with line manager
- 16 coaching sessions
- Mid-way and final review with line manager
- Post-programme coaching call
- Support between sessions
- Assessment, preparation, reviews, and resources

Investment : £10,920

Additional services

- **Hogan Leadership Forecast Series assessment** to help leaders understand what drives them and how others experience them, at their best and under pressure. Includes online assessment, four reports, 90-minute feedback session and 30-minute follow-up call.
Investment : £1,995

- **360-feedback exercise** to evaluate leaders' strengths and opportunities for development. Includes interviews with 8 stakeholders, two-page report curating feedback and providing key recommendations, and debrief with leader.
Investment : £3,995

Next steps

If you'd like to discuss coaching for your leaders, please email me, Alison Reid, at alison@alisonreid.co.uk or call me on 07704 298 966. Find out more at www.alisonreid.co.uk.